Role-Play Assignment

Chad Reynolds

This morning’s role-play with you was fantastic. I learned that nothing about therapy is going to go the way I thought it will. I really enjoyed the back and forth conversation we had and do feel that this method for this assignment would be most beneficial in the future. I feel getting hit with the hard questions and having to really think about the situation at hand is more of a real world experience.

I learned a lot this morning about the questions that should be asked if given the opportunity again to speak with veteran’s about their struggles coping with PTSD. Having to deal with answering questions about survivor’s guilt and substance abuse really made me think about how to properly answer them.